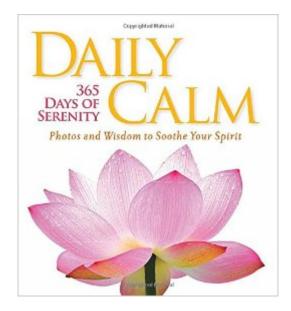
The book was found

Daily Calm: 365 Days Of Serenity





Synopsis

National Geographic's new inspirational book combines meaningful, calming quotations and affirmations with powerful photography--the perfect source for relaxation and meditation. Each page of this elegant guide soothes as it inspires with quotations and images centered on monthly themes: a graceful pathway to a more mindful, beautiful life.

Book Information

Hardcover: 464 pages Publisher: National Geographic (October 29, 2013) Language: English ISBN-10: 1426211694 ISBN-13: 978-1426211690 Product Dimensions: 6.8 x 1.4 x 6.3 inches Shipping Weight: 1.8 pounds (View shipping rates and policies) Average Customer Review: 4.9 out of 5 stars Â See all reviews (33 customer reviews) Best Sellers Rank: #100,134 in Books (See Top 100 in Books) #57 in Books > Arts & Photography > Photography & Video > Nature & Wildlife > Landscapes #448 in Books > Arts & Photography > Photography & Video > Equipment, Techniques & Reference #767 in Books > Health, Fitness & Dieting > Alternative Medicine > Meditation

Customer Reviews

I came upon this by sheer accident and it is now my go-to gift for friends and family who are going through a rough time. Have yet to have someone not love it or use it. The photographs are stunning. The daily phrases inspiring. It is timeless and reuseable because it is not organized by any particular year, only by month and day. It has a ribbon bookmark so you keep your place. It is a nice way to end your evening with a positive thought and a pretty picture. My only "complaint" is that I wish it wasn't so pink on the binding, to me that makes it a little less appealing as a gift for a man. 's price is also good on this book.

Beautiful pictures, accompanied by beautiful words and thoughts, give me something to meditate on each day of the year. Each month has its own theme, and all of the quotations for that month support it. The pictures are stunning.

This is my daily serenity and salvation! I have purchased this for my friends to pass along such

peaceful thoughts to begin each day. Amazing photography that coordinates beautifully with each passage!

I LOVE, LOVE, LOVE this book. One-line inspirations with beautiful photography. Check out the table of contents to see the topic of each month. I read this daily. This is pure human wisdom, and though I am a Christian believer, I love meditating on the sheer brilliant insight and wisdom of people through the ages.

Nothing short of spectacular, here find photos of National Geographic capturing beauty, depth and light that's like traveling to distant lands with your mind. And each mated perfectly with quotes that calm, lift and carry the spirit to new heights. Read before bedtime and find yourself drifting into dreams with utmost peace. Gift to others, to yourself...a tabletop book of enlightenment to treasure. Always...Diana Enchant

This is a very inspirational (not religous) book that gives a daily quote that can bring peace or inspiration depending on the day. I love it!

This book has some really beautiful pictures and inspiring words. A great way to spend quiet time with yourself and connect with the part of all of us that is Divine.

Love this book and bought those copies for friends who also live under gray dark skies in winter. <u>Download to continue reading...</u>

Daily Calm: 365 Days of Serenity The Way of Serenity: Finding Peace and Happiness in the Serenity Prayer Prayer: 365 Days of Prayer for Christian that Bring Calm & Peace (Christian Prayer Book 1) Programming Microsoft Office 365 (includes Current Book Service): Covers Microsoft Graph, Office 365 applications, SharePoint Add-ins, Office 365 Groups, and more (Developer Reference) Serenity, Vol. 2: Better Days Serenity Volume 2: Better Days and Other Stories 2nd Edition Balance and Calm: Adult Coloring Book Art Therapy for Grownups (Adult Coloring Books, Balance Coloring Book, Calm Coloring Book) (Volume 1) Cross-Stitch to Calm: Stitch and De-Stress with 40 Simple Patterns (Craft To Calm) Crochet to Calm: Stitch and De-Stress with 18 Colorful Crochet Patterns (Craft To Calm) Rays of Calm: Relaxation for Teenagers (Calm for Kids) Spiritual Refreshment for Women: 365 Days of Inspiration and Encouragement (365 Perpetual Calendars) 365 Days / 365 Plays Wine Lover's Daily Calendar 2015: 365 Days of Knowledge, Advice & Lore 2017 365 Days to Change by Pete the Planner Daily Desktop Calendar Daily Wisdom for Women Perpetual Calendar: 365 Days of Inspiration and Encouragement Wilderness Survival 101 - A 2017 Daily Calendar: 365 Days of Outdoor Skills 365 Days Of Crazy Quotes 2015 Daily Calendar: A Year's Worth of the Most Insane, Idiotic, and Half-Baked Things Ever Said Wine Lover's Daily Calendar 2016: 365 Days of Knowledge, Advice, and Lore The Maxwell Daily Reader: 365 Days of Insight to Develop the Leader Within You and Influence Those Around You Daily Peace: 365 Days of Renewal

<u>Dmca</u>